

TANITA®

THE STANDARD

UM-028

BODY FAT MONITOR



Monitors your weight and body fat

Automatic recognition of users, 2 adults

Small footprint fits easily in tight spaces

Durable plastic housing

Lightweight, only 5lb

Simple to use

The UM-028 measures your weight and calculates your body fat using bioelectric impedance analysis (BIA), the same highly accurate FDA cleared method used in all our body fat and body composition products. BIA passes freely through the fluids contained in muscle tissue and in blood, but encounters difficulty when passing through fat tissue, which contains little water. By using the impedance reading along with gender, age, height and weight the scale can quickly and reliably calculate body fat.

Since 1992, Tanita body fat monitors have help millions by providing vital in-depth information to accurately observe the impact of a diet and fitness program. Body fat monitoring using the UM-028 is an essential tool for precisely measuring your body's inner health. Maintaining healthy body fat levels has far more value than simply calculating your body mass index (BMI). The auto recognition feature of this scale means after the initial programming you simply need to stand on the platform, the scale will recognize you and provide you with your personalized measurements. Operating on four AA batteries (included), the Tanita UM-028 is intended for use by persons up to 300 pounds and is backed by Tanita's 3-year warranty.

Measurements Include:

- ✓ Weight
- ✓ Body fat %

Specifications:

- ✓ Capacity: 300lb (136 kg)
- ✓ Weight increments: 0.2lb (0.1kg)
- ✓ Body Fat Increments: 0.1%
- ✓ ABS plastic platform
- ✓ 2 person memory
- ✓ Recall function: weight and body fat %
- ✓ Power Supply: 4 x AA batteries (included)
- ✓ Auto Recognition
- ✓ Dimensions: 11.9" x 12.1" x 2.2"
- ✓ Weight: 5.1 lbs

TANITA®
Monitoring Your Health

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